

teen line[®]

teens helping teens

USA & Canada

800-TLC-TEEN (852-8336)

310-855-HOPE (4673)

6:00 PM-10:00 PM, PST

Text "TEEN" to 839863

6:00pm-9:00pm PST



www.teenline.org

Teen Line[®] is a telephone helpline, email, & texting service. Reach out and our trained teens will listen - no challenge is too big or too small! Also check out our **Youth Yellow Pages** booklet and app for a listing of helpful resources. Visit:

www.TeenLineOnline.org/YYP for more info.

With Appreciation



CEDARS-SINAL



Accredited by the American Association of Suicidology

